Opportunities for Adapted Physical Activities, Recreation, and Fitness

Locally & Nationally

Advocacy Organizations

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| Name | Phone Number | Website |
| Autism Speaks | 888-288-4762 | <https://www.autismspeaks.org/> |
| Center for Motor Behavior & Pediatric Disabilities | 734-936-2607 | [www.umich.edu/~cmbds](http://www.umich.edu/~cmbds) |
| Internet Resource for Special Children (IRSC) |  | <http://orsaminore.dreamhosters.com/handy/links/uk_various.html> |
| National Center on Physical Activity and Disability | 800-900-8086 | [www.ncpad.org](http://www.ncpad.org) |
| Project INSPIRE | 940-898-2575 | [www.twu.edu/inspire](http://www.twu.edu/inspire) |

Equipment and Music Companies

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| Name | Phone Number | Website |
| Abilitations | 800-850-8602 | [www.abilitations.com](http://www.abilitations.com) |
| Adaptive Sports Program for Physically Challenged Bike Riders -Lends out off-road hand cycles |  | <http://tarheeltrailblazers.com/>  |
| Cat Paws in Motion | 210-884-8150 | [www.mycatpaws.com](http://www.mycatpaws.com) |
| Educational Activities, Inc. | 800-645-3739 | [www.edact.com](http://www.edact.com) |
| Educational Record Center | 888-438-1637 | [www.erckids.com](http://www.erckids.com) |
| FlagHouse | 800-793-7900 | [www.flaghouse.com](http://www.flaghouse.com) |
| Gopher | 800-533-0446 | [www.gophersport.com](http://www.gophersport.com) |
| Kiefer -Reusable swim pants | 800-323-4071 | [www.kiefer.com](http://www.kiefer.com)  |
| Kimbo Educational | 800-631-2187 | [www.kimboed.com](http://www.kimboed.com) |
| Melody House | 800-243-9228 | [www.melodyhousemusic.com](http://www.melodyhousemusic.com) |
| Music For Little People | 800-346-4445 | [www.mflp.com](http://www.mflp.com) |
| Omnikin, Inc. | 800-706-6645 | [www.omnikin.com](http://www.omnikin.com) |
| Palo Sports | 877-800-5973 | [www.palossports.com](http://www.palossports.com) |
| Sportime International | 800-283-5700 | [www.sportime.com](http://www.sportime.com) |
| U.S. Games | 800-327-0484 | [www.us-games.com](http://www.us-games.com) |
| Wolverine Sports | 800-521-2832 | [www.wolverinesports.com](http://www.wolverinesports.com) |

Physical Education Resources

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| Name | Phone Number | Website |
| Adapted Physical Education National Standards (APENS) | 607-753-4969 | [www.cortland.edu/apens](http://www.cortland.edu/apens) |
| American Alliance for Health, Physical Education, Recreation, and Dance | 800-213-7193 | [www.aahperd.org](http://www.aahperd.org) |
| PE Central | 540-953-1043 | [www.pecentral.org](http://www.pecentral.org) |
| PE Links 4 U | 509-607-1775 | [www.pelinks4u.org](http://www.pelinks4u.org) |
| Playworks | 510-893-4180 | <http://www.playworks.org/>  |
| Project INSPIRE | 940-898-2575 | [www.twu.edu/inspire](http://www.twu.edu/inspire) |

Recreational Facilities

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| Name | Phone Number | Website |
| Adaptive Sports, Yoga, and Arts Programs at the Levine JCC | 704-366-5007Stephanie Garner:704-944-6743 | <http://www.charlottejcc.org/>  |
| AMF University Lanes | 704-596-4736 | <https://www.amf.com/location/amf-university-lanes-nc>  |
| Carolina Lanes (Matthews) | 704-841-7606 | <https://www.amf.com/location/amf-carolina-lanes> |
| Cornelius (Lake Norman) Parks, Arts, and Recreation Department | 704-892-6031, ext. 160 | <http://cornelius.org/103/Parks-Arts-Recreation-Culture> |
| Davidson County Parks and Recreation | 336-242-2285 | <http://www.co.davidson.nc.us/ParksAndRecreation/>  |
| Extreme Ice Center | 704-882-1830 | <http://www.xicenter.com/> |
| Huntersville Family, Fitness, and Aquatics Center | 704-766-2222 | <http://hffa.com/> |
| Marion Diehl Recreation Center Pool | 704-432-0237 | <http://www.charmeck.org/mecklenburg/county/ParkandRec/Aquatics/Pages/MarionDiehl.aspx> <http://www.charmeck.org/mecklenburg/county/ParkandRec/Aquatics/Documents/Spring%202016.pdf>  |
| Mecklenburg County Aquatic Center | 704-336-3483 | <http://www.charmeck.org/mecklenburg/county/parkandrec/aquatics/pages/aquatic%20center%20information.aspx>  |
| Mecklenburg County Parks and Recreation | 704-336-3854 | <http://charmeck.org/mecklenburg/county/ParkandRec/Pages/Home.aspx> |
| Monkey Joe’s |  | <http://www.monkeyjoes.com/> |
| Northcross Lanes by the Lake | 704-892-7177 | <http://sparetimeentertainment.com/huntersville> |
| Pineville Ice House | 704-889-9000 | <http://www.pinevilleice.com/> |
| Race to Walk | 704-696-0425 | <http://racetowalk.org/>  |
| Ray’s Splash Planet | 704-432-4729 | <http://www.charmeck.org/mecklenburg/county/ParkandRec/Aquatics/RaysSplashPlanet/Pages/default.aspx>  |
| Sky High Sport Trampoline Park (Pineville) | 704-579-6072 | <http://clt.skyhighsports.com/> |
| Ten Park Lanes | 704-523-7633 | <http://www.rollten.com/>  |
| Town of Huntersville Park and Recreation | 704-875-6541(town hall) | <http://www.huntersville.org/Departments/ParksRecreation.aspx> |
| US National Whitewater Center | 704-391-3900 | <http://usnwc.org/> |
| YMCA’s of Greater Charlotte |  | <http://www.ymcacharlotte.org/> |
| YWCA Central Carolinas |  | <http://www.ywcacentralcarolinas.org/site/c.7nJIJSPpEdKUE/b.9200201/k.BC74/Home.htm> |

Recreational Organizations & Programs

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| Name | Phone Number | Website |
| Adaptive Adventures | 877-679-2770 | [www.adaptiveadventures.org](http://www.adaptiveadventures.org) |
| Adaptive Sports & Adventures Program at Carolina Rehab Center | 704-355-1062 | <http://www.carolinashealthcare.org/rehabilitation-asap> |
| Camp SOAR | 828-456-3435 | <http://soarnc.org/>  |
| Catalyst Sports -Adaptive climbing | 404-692-0933 | <http://www.teamcatalyst.org/>  |
| Disabled Shooting Services | 703-267-1495 | [www.nrahq.org/compete/disabled.asp](http://www.nrahq.org/compete/disabled.asp) |
| PAL Charlotte -Police Activities League | 704-336-2105 | <http://palcharlotte.org/>  |
| Trips for Kids | 704-944-3581 | <http://www.tripsforkidscharlotte.org/> |

Sport Organizations

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| Name | Phone Number | Website |
| Abilities Unlimited of the Carolinas, INC |  | <http://www.aucarolinas.org/> |
| Bridge II Sports | 866-880-2742 | <http://www.bridge2sports.org/>  |
| Challenger Baseball |  | [www.littleleague.org/programs/challenger.asp](http://www.littleleague.org/programs/challenger.asp) |
| Disabled Sports USA | 301-217-0968 | [www.dsusa.org](http://www.dsusa.org) |
| Inclusive Baseball-YMCA Miracle League | 704-716-6788 | <http://www.ymcacharlotte.org/branches/universitycity/socialresp/ymcamiracleleague/ymcamiracleleague.aspx> |
| National Disability Sports Alliance | 401-792-7130 | [www.ndsaonline.org](http://www.ndsaonline.org) |
| Paralympic Sport Clubs |  | <http://www.teamusa.org/US-Paralympics/Community/Paralympic-Sport-Clubs><http://findaclub.usparalympics.org/search-by-location.aspx><http://charmeck.org/mecklenburg/county/ParkandRec/Therapeutics/MPSC/Pages/default.aspx> (Local) |
| Special Olympics North Carolina | 919-719-7662800-843-6276 (NC Only) | [www.sonc.net](http://www.sonc.net) |
| Special Olympics North Carolina-Mecklenburg County | (704) 358-1935Greg Morrill:gmorrill@sonc.net | <http://sonc.net/mecklenburg/> |
| United States Handcycling Federation | 303-670-8290 | [www.ushf.org](http://www.ushf.org) |
| United States Power Soccer Association |  | <http://www.powersoccerusa.org/> |
| USA Deaf Sports Federation | 605-367-5760 | [www.usdeafsports.org](http://www.usdeafsports.org) |
| US Association for Blind Athletes | 719-630-0422 | [www.usaba.org](http://www.usaba.org) |
| US Paralympics |  | <http://www.teamusa.org/us-paralympics> |
| Wheelchair Sports, USA | 719-574-1150 | [www.wsusa.org](http://www.wsusa.org) |

Therapeutic Programs

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| Name | Phone Number | Website |
| American Music Therapy Association | 301-589-3300 | [www.musictherapy.org](http://www.musictherapy.org) |
| Charlotte-Mecklenburg Therapeutic Recreation Department | 704-432-4322 | <http://charmeck.org/mecklenburg/county/ParkandRec/Therapeutics/Pages/default.aspx> |
| Easter Seals |  | <http://www.easterseals.com/> |
| North American Riding for the Handicapped Association | 800-369-7433 | [www.narha.org](http://www.narha.org) |
| Reata Rehabilitation | 940-479-2612 | [www.reatarehabilitation.org](http://www.reatarehabilitation.org) |
| Shining Hope Farms -Equestrian | 704-827-3788 | <http://www.shininghopefarms.org/> |
| Trusted Parents | 980-229-7253 | <http://www.trustedparents.org/> |
| USA Swimming | 719-866-4578 | [www.usa-swimming.org](http://www.usa-swimming.org) |
| Wings of Eagles Ranch -Equestrian | 704-784-3147 | <http://www.wingsofeaglesranch.org/> |

APE Listserv’s

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| Name | Website |
| Adapted PE Talk (National) | To subscribe or unsubscribe from the adapt-talk list, point your browser to: [www.sportime.com/adapt-talk](http://www.sportime.com/adapt-talk)  |
| NC-APE Council | <http://www.nc-ape.com/>  |

Physical Education/Adapted Physical Activity Journals

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| Name | Phone Number | Website |
| Adapted Physical Activity Quarterly | 800-747-4457 | [www.humankinetics.com](http://www.humankinetics.com) |
| Strategies | 703-476-3451 | [www.aahperd.org](http://www.aahperd.org) |
| Palaestra | 309-833-1902 | [www.palaestra.com](http://www.palaestra.com) |
| Sports ‘N Spokes | 888-888-2201 | [www.sportsnspokes.com](http://www.sportsnspokes.com) |
| Journal of Health, Physical Education, Recreation, and Dance | 800-213-7193 | [www.aahperd.org](http://www.aahperd.org) |